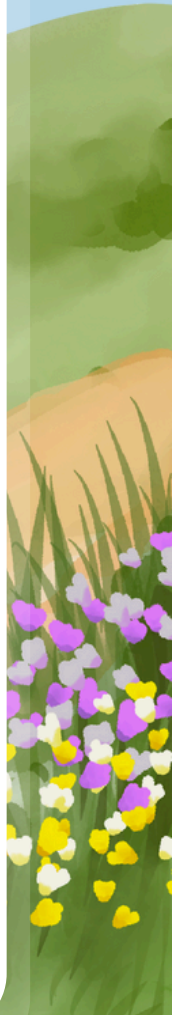




**No Sweat**  
**Nature Study**  
LIVE CLASSES FOR KIDS

*Spring & Summer*  
Seasonal Planning Packet



# Log into your membership

[OurJourneyWestward.com/member-dashboard](http://OurJourneyWestward.com/member-dashboard)



Click this link...  
...or use the QR code



## What you'll find in this planning packet:

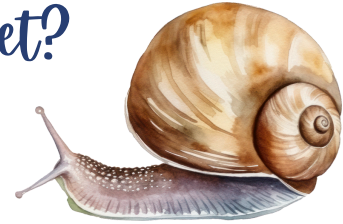
Introduction .....	2
Printable calendar .....	3
Class Resources .....	5
Printable Book List .....	17
Printable Supply List .....	22



Happy Nature Exploring!

*Mrs. Cindy*

# What's in the seasonal planning packet?



This packet includes a few handy tools to help you plan for the spring and summer seasons of No Sweat Nature Study.

## Calendar

You'll find a printable calendar of this season's classes, along with release dates for the companion podcast episodes. Special bonus classes are not listed on the calendar. I will inform you about those exciting opportunities in your weekly email newsletter as they become available.

## Class Extension Resources

In this section, you'll find carefully curated booklists, recommended field guides, and a list of correlating No Sweat Nature Study video classes. These resources are designed to help you easily extend your studies, spark curiosity, and explore favorite science and nature topics even further at your own pace.

Picture books, chapter books, and non-fiction books can add a lot to learning and help children make connections within a topic. You'll find a small list of suggested books for each topic and a printable list of all the books for you to take with you to the library.

Field guides can be incredibly helpful in the study of nature. Usually, at least one field guide is suggested for each topic just in case you want to take nature walks. Depending on where you live in the world, you may need to look for a field guide that is meant for your particular area.

The library of classes available to you in the member video library (clickable from your member dashboard) is ever-growing, but the most up-to-date list of supporting classes for each topic is listed here for you.

## Supply List for the Video Classes





During each video class, we create nature journal pages together. A simple nature journal, pencil, and colored pencils will always suffice. At times, I suggest items that are a bit more unique. Supply lists are noted on the resource page for each class, and you'll find a printable list in case you need to take it to the store with you.

*Each class also has an online resource page with optional extras like vocabulary printables, nature walk ideas, discussion questions, hands-on activities, and research projects. Resource pages are available in the video library approximately one month before each LIVE class and remain accessible at any time afterward. **Remember, the video lessons are complete on their own — use extras only if you want to!***

# No Sweat Nature Study At-A-Glance Calendar - Spring & Summer





*March*

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

-  3 - LIVE Class: Waterfalls
-  9 - Podcast: Northern Lights
-  17 - LIVE Class: Northern Lights
-  30 - Podcast: Beatrix Potter



*April*

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	15	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

-  7 - LIVE Class: Beatrix Potter
-  13 - Podcast: Caring for a Garden
-  21 - LIVE Class: Caring for a Garden
-  27 - Podcast: The Moon's Effects on Plants

*May*





S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/ 31	25	26	27	28	29	30

-  5 - LIVE Class: The Moon's Effects on Plants
-  11 - Podcast: Hedgehogs
-  19 - LIVE Class: Hedgehogs
-  25 - Podcast: Ben Franklin's Lightning

# No Sweat Nature Study At-A-Glance Calendar - Spring & Summer





*June*

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

-  2 - LIVE Class: Ben Franklin's Lightning
-  8 - Podcast: Dragonflies
-  16 - LIVE Class: Dragonflies
-  29 - Podcast: Watermelons

*July*

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

-  7 - LIVE Class: Watermelons
-  13 - Podcast: Starfish
-  21 - LIVE Class: Starfish
-  27 - Podcast: Coral Reefs

*August*

S	M	T	W	T	F	S
						1/8
2	3	4	5	6	7	
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

-  4 - LIVE Class: Coral Reefs
-  10 - Podcast: The Music of Insects
-  18 - LIVE Class: The Music of Insects
-  26 - Podcast: Dust Storms



# Waterfalls

3-3-2026

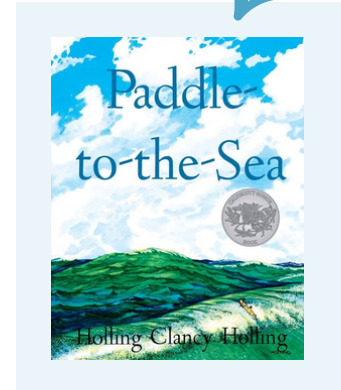
## LIVE Class Supplies

- Nature journal or blank, white paper
- Pencil
- Colored pencils or something else colorful

## Books

- John Muir Wrestles a Waterfall* by Julie Danneberg
- King of the Tightrope: When the Great Blondin Ruled Niagara* by Donna Janell Bowman
- The Mill* by David Macaulay
- Minn of the Mississippi* by Holling C. Holling
- Niagara Falls: Ready-to-Read Level 1* by Marion Dane Bauer
- The Niagara Falls Mystery* by Gertrude Chandler Warner
- Paddle-to-the-Sea* by Holling C. Holling**
- The Scotch Twins* (Illustrated) by Lucy Fitch Perkins
- The Waterfall's Gift* by Joanne Ryder
- To Climb a Waterfall* by Jean Craighead George
- Waterfalls! A My Incredible World Picture Book for Children* by Hope Aicher
- Waterfalls* by Rebecca Pettiford
- Where Is Niagara Falls?* by Megan Stine

## Highlighted Living Book

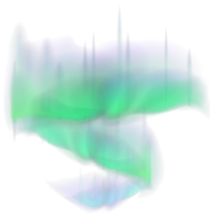


## Field Guides

- Waterfall Lover's Guide Pacific Northwest: Where to Find Hundreds of Spectacular Waterfalls in Washington, Oregon, and Idaho* by Gregory Plumb
- Pennsylvania Waterfalls* by Scott E. Brown
- Guide to Waterfalls of Shenandoah National Park* by Larry W. Brown

## Correlating Classes in the No Sweat Nature Study Video Library

- Caves
- Erosion
- Landforms
- Sedimentary Rock
- Rainbows
- Rivers & Brooks
- The Water Cycle



# Northern Lights

3-17-26

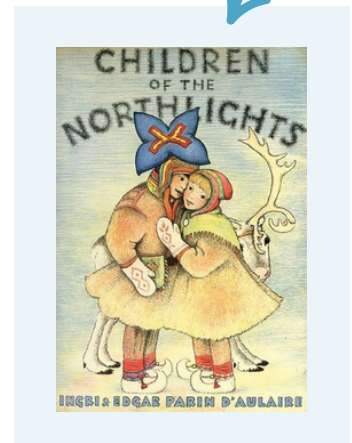
## LIVE Class Supplies

- Nature journal or blank, white paper
- Pencil
- Chalk pastels, watercolors, or colored pencils

## Books

- Arctic White* by Danna Smith
- Bright Winter Night* by Alli Brydon
- Children of the Northern Lights* by Ingri & Edgar Parin d'Aulaire**
- DK Eyewitness Iceland* by DK
- Iceland Enchantment of the World 2nd Series* by Barbara A. Somervill
- Iceland: Exploring Countries* by Tamra B Orr
- Lights That Dance in the Night* by Yuval Zommer
- Mika: The Bear Who Didn't Want to Sleep* by Erik Kriek
- Northern Lights: Amazing Sights of the Sky* by Martha E H Rustad
- Once Upon a Northern Night* by Jean E Pendziwol
- A Search for the Northern Lights* by Elizabeth Rusch and Izzi Rusch
- Seeking an Aurora* by Elizabeth Pulford
- Under the Night Sky* by Amy Lundebrek
- Welcome to Iceland DK Reader Level 1* by DK

## Highlighted Living Book



## Field Guides

- National Geographic Pocket Guide to the Night Sky of North America* by Catherine H. Howell
- Northern Lights: A Practical Travel Guide* by Polly Evans
- National Geographic Backyard Guide to the Night Sky* by Andrew Fazekas

## Correlating Classes in the No Sweat Nature Study Video Library

- Bioluminescence
- The Color Wheel in Nature
- Night Views
- Patterns in Nature
- Planets
- Rainbows
- Autumn Nights, Bright Lights



# Beatrix Potter

4-7-26

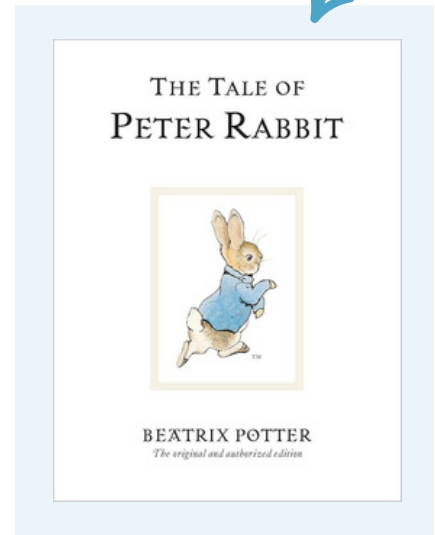
## LIVE Class Supplies

- Nature journal or blank, white paper
- Pencil
- Fine-tipped pen (optional for outlining)
- Colored pencils or watercolor paints

## Books

- Beatrix Potter, Scientist* by Lindsay H. Metcalf
- Beatrix Potter: A Journal*
- Beatrix Potter and Her Paint Box* by David McPhail
- Becoming Beatrix: The Life of Beatrix Potter and the World of Peter Rabbit* by Amy M. O'Quinn
- Saving the Countryside: The Story of Beatrix Potter and the Lake District* by Linda Elovitz Marshall
- The Tailor of Gloucester* by Beatrix Potter
- The Tale of Benjamin Bunny* by Beatrix Potter
- The Tale of Jemima Puddle-Duck* by Beatrix Potter
- The Tale of Mr. Jeremy Fisher* by Beatrix Potter
- The Tale of Mrs. Tiggly-Winkle* by Beatrix Potter
- The Tale of Peter Rabbit* by Beatrix Potter**
- The Tale of Pigling Bland* by Beatrix Potter
- The Tale of Squirrel Nutkin* by Beatrix Potter
- The Tale of the Flopsy Bunnies* by Beatrix Potter
- Who Was Beatrix Potter?* by Sarah Fabiny

## Highlighted Living Book



## Field Guides

- Peterson Field Guide To Mammals Of North America* by Fiona Reid
- Peterson Field Guide to Animal Tracks* by Margaret Elizabeth Murie
- National Audubon Society Field Guide to North American Mammals* by John O. Whitaker, Jr.

## Correlating Classes in the No Sweat Nature Study Video Library

- |                          |                  |
|--------------------------|------------------|
| Barbara Cooney           | Mice             |
| Henry David Thoreau      | Predators & Prey |
| John James Audubon       | Rabbits          |
| Laura Ingles Wilder      | Squirrels        |
| Aesop's Fables in Nature | Garden Pests     |
| Animal Personification   | Garden Helpers   |
| Foxes                    |                  |



# Caring for a Garden

4-21-26

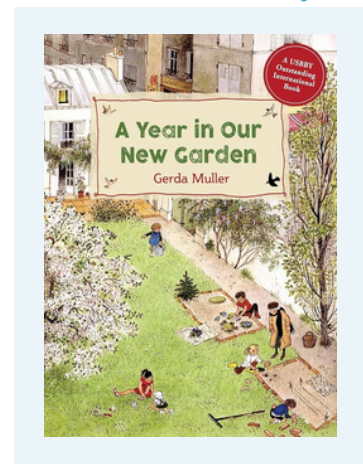
## LIVE Class Supplies

- Nature journal or blank, white paper
- Pencil
- Colored pencils or something else colorful

## Books

- City Green* by DyAnne DiSalvo
- The Farm That Feeds Us* by Nancy Castaldo
- From Seed to Plant* by Gail Gibbons
- The Gardener* by Sarah Stewart
- Grow: A Family Guide to Plants and How to Grow Them* by Riz Reyes
- Harlem Grown* by Tony Hillery
- How Does My Garden Grow?* by Gerda Muller
- Plant, Cook, Eat: A Children's Cookbook* by Joe Archer and Caroline Craig
- Planting the Wild Garden* by Kathryn O. Galbraith
- Secrets of the Garden Food Chains and the Food Web in Our Backyard* by Kathleen Weidner Zoehfeld
- The Soil in Jackie's Garden* by Peggy Thomas
- Up in the Garden and Down in the Dirt* by Kate Messner
- A Year in Our New Garden* by Gerda Muller**
- The Year of the Garden* by Andrea Cheng
- Zoras Zucchini* by Katherine Pryor

## Highlighted Living Books



## Field Guides

- Peterson Field Guide To Medicinal Plants & Herbs Of Eastern & Central North America* by Steven Foster
- Edible Wild Plants: A North American Field Guide to Over 200 Natural Foods* by Thomas Elias
- The Complete Guide to Edible Wild Plants* by U.S. Department of the Army

## Correlating Classes in the No Sweat Nature Study Video Library

- |                          |                 |                   |
|--------------------------|-----------------|-------------------|
| Garden Helpers           | Parts of a Leaf | Seed Dispersal    |
| Garden Pests             | Peaches         | Squashes & Gourds |
| George Washington Carver | Perennial Bulbs | Strawberries      |
| Herbs                    | Photosynthesis  | Sunflowers        |
| Maize                    | Pumpkins        | True Vegetables   |
| New Growth in Nature     | Root Vegetables | Vines             |



# The Moon's Effect on Plants

5-5-26

## LIVE Class Supplies

- Nature journal or blank, white paper
- Pencil
- Colored pencils or something else colorful

## Books

### **Cactus Hotel** by Brenda Z Guiberson

- A Day in the Salt Marsh* by Kevin Kurtz
- Desert Giant: The World of the Saguaro Cactus* by Barbara Bash
- Faces of the Moon* by Bob Crelin
- The Mangrove Tree: Planting Trees to Feed Families* by Susan L Roth and Cindy Trumbore
- Marshes and Swamps* by Gail Gibbons
- The Moon Book* by Gail Gibbons
- The Moonflower* by Peter Loewer
- Next Time You See the Moon* by Emily Morgan
- The Night Flower: The Blooming of the Saguaro Cactus* by Lara Hawthorne
- One Small Place by the Sea* by Barbara Brenner and Tom Leonard
- One Small Square: Seashore* by Donald M Silver
- Plants Can't Sit Still* by Rebecca E Hirsch
- Sun Up, Sun Down* by Gail Gibbons

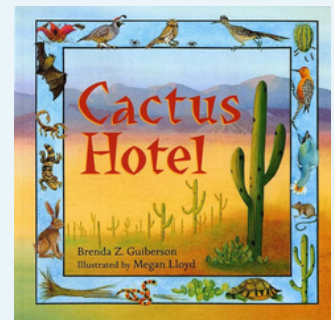
## Field Guides

- National Geographic Pocket Guide to the Night Sky of North America* by Catherine H. Howell
- Northern Lights: A Practical Travel Guide* by Polly Evans
- National Geographic Backyard Guide to the Night Sky* by Andrew Fazekas

## Correlating Classes in the No Sweat Nature Study Video Library

- |                 |                              |
|-----------------|------------------------------|
| Night Bloomers  | Shadows                      |
| Galileo Galilei | Tides                        |
| Harvest Moon    | The Winter Night Sky         |
| Night Views     | Autumn Nights, Bright Lights |

## Highlighted Living Book





# Hedgehogs

5-19-26

## Highlighted Living Book



### LIVE Class Supplies

- Nature journal or blank, white paper
- Pencil
- Colored pencils or something else colorful

### Books

- Hedgehog Needs a Hug* by Jen Betton
- Hedgehogs* by Mary Quattlebaum
- Hello, Hedgehog* by Laura Buller
- The Hodgehog* by Dick King Smith**
- Prickly Hedgehogs* by Jane McGuinness
- The Tale of Mrs Tiggy Winkle* by Beatrix Potter
- The Very Helpful Hedgehog* by Rosie Wellesley

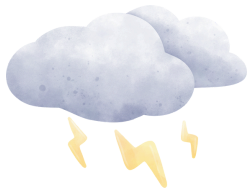


### Field Guides

- Peterson Field Guide To Mammals Of North America* by Fiona Reid
- Peterson Field Guide to Animal Tracks* by Margaret Elizabeth Murie
- National Audubon Society Field Guide to North American Mammals* by John O. Whitaker, Jr.

### Correlating Classes in the No Sweat Nature Study Video Library

- Animal Superpowers
- Animal Tracks
- Beavers
- Camouflage
- Food Chains
- Hibernation
- Predators & Prey
- Rabbits
- Raccoons
- Squirrels
- Gliding Mammals



# Ben Franklin's Lightning

6-2-26

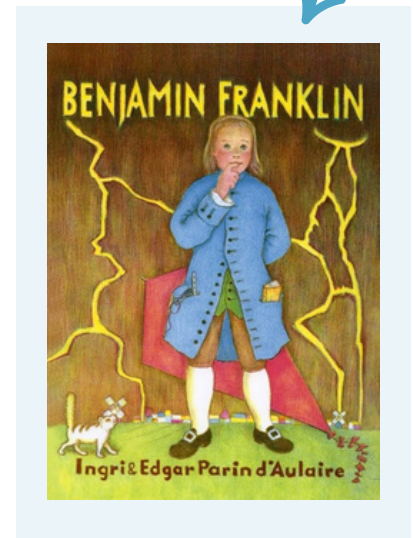
## LIVE Class Supplies

- Nature journal or blank, white paper
- Pencil
- Colored pencils or something else colorful

## Books

- Ben and Me: An Astonishing Life of Benjamin Franklin* by His Good Mouse Amos by Robert Lawson
- Ben Franklin of Old Philadelphia* by Margaret Cousins
- Benjamin Franklin* by Ingri D'Aulaire**
- DK Eyewitness Electricity* by Steve Parker and Laura Buller
- Electrical Wizard: How Nikola Tesla Lit Up the World* by Elizabeth Rusch
- Electric Ben: The Amazing Life and Times of Benjamin Franklin* by Robert Byrd
- Flash, Crash, Rumble, and Roll* by Franklyn M Branley
- How Ben Franklin Stole the Lightning* by Rosalyn Schanzer
- Lightning* by Seymour Simon
- Mesmerized: How Ben Franklin Solved a Mystery that Baffled All of France* by Mara Rockliff
- Now and Ben: The Modern Inventions of Benjamin Franklin* by Gene Barretta
- Storms* by Seymour Simon
- The Story of Benjamin Franklin* by Margaret Davidson
- Switch On Switch Off* by Melvin A Berger
- Who Was Ben Franklin* by Dennis Brindell Fradin
- Zap, Clap, Boom: The Story of a Thunderstorm* by Laura Purdie Salas

## Highlighted Living Book

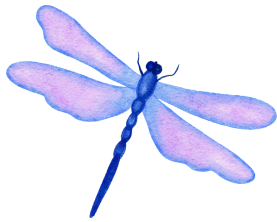


## Field Guides

- National Geographic Pocket Guide to the Weather of North America* by Jack Williams
- Weather (Nature Observation North America)* by James Kavanagh
- Peterson Field Guide To Weather* by Jay Anderson, John A. Day, and Jay M. Pasachoff

## Correlating Classes in the No Sweat Nature Study Video Library

- |                 |               |            |
|-----------------|---------------|------------|
| Forest Fires    | Night Views   | Wind       |
| Galileo Galilei | Shadows       | Tornadoes  |
| Harvest Moon    | Thunderstorms | Hurricanes |



# Dragonflies

6-16-26

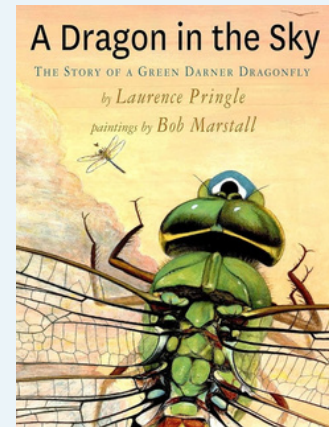
## LIVE Class Supplies

- Nature journal or blank, white paper
- Pencil
- Colored pencils or watercolor paints

## Books

- Are You a Dragonfly?* by Judy Allen
- Becoming a Dragonfly* by Grace Hansen
- Dashing Dragonflies* by Megan Cooley Peterson
- Dragonflies: Insects Up Close* by Patrick Perish
- Dragonfly Migration* by Grace Hansen
- A Dragon in the Sky: The Story of a Green Darner Dragonfly* by Laurence Pringle**
- Eliza and the Dragonfly* by Susie Caldwell Rinehart
- Over and Under the Pond* by Kate Messner
- Zoom In on Dragonflies* by Melissa Stewart

## Highlighted Living Book

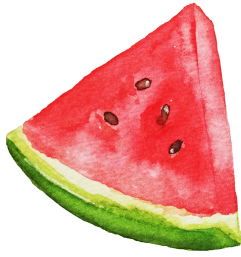


## Field Guides

- Insects of North America (Princeton Field Guides)* by Dr. John C. Abbott and Kendra Abbott
- Peterson First Guide To Insects Of North America* by Richard E. White
- National Geographic Pocket Guide to Insects of North America* by Arthur V. Evans

## Correlating Classes in the No Sweat Nature Study Video Library

- Animal Superpowers
- Bees
- Garden Helpers
- Hopping Insects
- Insect Life Cycles
- Ladybugs
- Monarch Butterflies
- Nature's Tech Wonders
- Pond Insects
- Pond Habitats
- Spiders & Spiderwebs



# Watermelons

7-7-26

## LIVE Class Supplies

- Nature journal or blank, white paper
- Pencil
- Colored pencils, watercolors, or markers

## Books

- Flip, Float, Fly: Seeds on the Move* by JoAnn Early Macken
- From Seed to Plant* by Gail Gibbons
- Grow: A Family Guide to Plants and How to Grow Them* by Riz Reyes
- Harlem Grown* by Tony Hillery
- How a Seed Grows* by Helene J Jordan
- How Does My Garden Grow?* by Gerda Muller
- One Watermelon Seed* by Celia Barker Lottridge
- See a Plant Grow Watermelon* by Charlie W Sterling
- Seeds Move* by Robin Page
- Up in the Garden and Down in the Dirt* by Kate Messner
- The Vanderbeekers and the Hidden Garden* by Karina Yan Glaser
- Watermelon Day* by Kathi Appelt**
- Watermelon Madness* by Taghreed Najjar
- Watermelons* by National Geographic
- The Watermelon Seed* by Greg Pizzoli
- Watermelon Wishes* by Lisa Moser
- We Are the Gardeners* by Joanna Gaines
- The Year of the Garden* by Andrea Cheng
- Zora's Zucchini* by Katherine Pryor

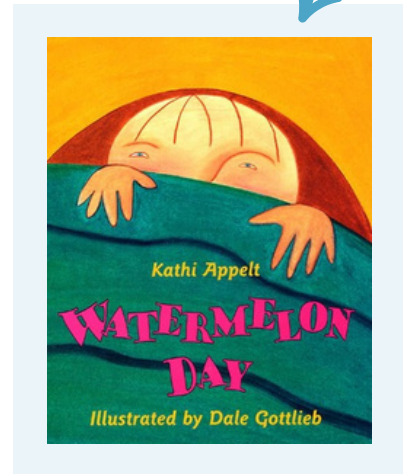
## Field Guides

- Peterson Field Guide To Medicinal Plants & Herbs Of Eastern & Central North America* by Steven Foster
- Edible Wild Plants: A North American Field Guide to Over 200 Natural Foods* by Thomas Elias
- The Complete Guide to Edible Wild Plants* by U.S. Department of the Army

## Correlating Classes in the No Sweat Nature Study Video Library

- |                     |                  |                   |
|---------------------|------------------|-------------------|
| Acorns to Oak Trees | Johnny Appleseed | Squashes & Gourds |
| Berries             | Peaches          | Strawberries      |
| Caring for a Garden | Pumpkins         | Sunflowers        |
| Garden Helpers      | Seed Dispersal   | Vines             |
| Garden Pests        |                  |                   |

## Highlighted Living Book





# Starfish

7-21-26

## LIVE Class Supplies

Nature journal or blank, white paper

Pencil

Colored pencils, watercolors, or something else colorful

## Books

*Ana and the Sea Star* by R Lynne Roelfs

*DK Eyewitness Seashore* by DK

*In One Tidepool* by Anthony D Fredericks

*Look! A Starfish* by Lerner Publishing Group

*Next Time You See a Seashell* by Emily Morgan

*Over and Under the Waves* by Kate Messner

*Seashells, Crabs, and Sea Stars: Take-Along Guides* by  
Christiane Kump Tibbitts

*Seashells More Than a Home* by Melissa Stewart

*Sea Stars* by Rebecca Pettiford

*Sea Stars in the Tide Pool* by PowerKids Press

*Starfish* by Edith Thacher Hurd

***Star of the Sea: A Day in the Life of a Starfish* by Janet  
Halfmann**

*The Seashore Book* by Charlotte Zolotow

*Tide Pools National Geographic Kids Readers Level 1* by  
Laura Marsh

## Field Guides

*National Audubon Society Field Guide to Seashore Creatures: North America* by Norman A.  
Meinkoth

*Seashore Life (A Golden Guide from St. Martin's Press)* by Lester Ingle and Herbert S. Zim

*Atlantic Seashore Field Guide: Florida to Canada* by J. Duane Sept

## Correlating Classes in the No Sweat Nature Study Video Library

Oceans

Patterns in Nature

Seashore Animals

Seashore Plants

Tides

Whales & Dolphins

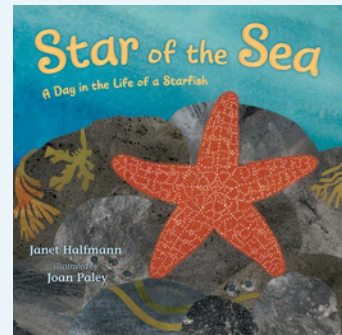
Octopuses

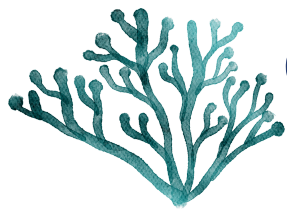
Sharks

Eugenie Clark: Ichthyologist

Whales & Dolphins

## Highlighted Living Book





# Coral Reefs

8-4-26

## Highlighted Living Book



### LIVE Class Supplies

- Nature journal or blank, white paper
- Pencil
- Colored pencils or watercolors

### Books

#### ***The Brilliant Deep: Rebuilding the World's Coral Reefs* by Kate Messner**

*Coral Reef: One Small Square* by Donald M Silver

*Coral Reefs* by Gail Gibbons

*A Coral Reef Story: Animal Life in Tropical Seas* by Jane Burnard

*Dart and Dive Across the Reef* by Pamela S Turner

*The Fantastic Undersea Life of Jacques Cousteau* by Dan Yaccarino

*Here Is the Coral Reef* by Madeleine Dunphy

*Life in a Coral Reef* by Wendy Pfeffer

*Life in the Ocean: The Story of Oceanographer Sylvia Earle* by Claire A Nivola

*Look Inside a Coral Reef* by Usborne

*Manfish: A Story of Jacques Cousteau* by Jennifer Berne

*National Geographic Kids Readers Coral Reefs Level 2* by Kristin Baird Rattini

*On Kiki's Reef* by Carol L. Malnor

*Shark Lady: The True Story of How Eugenie Clark Became the Ocean's Most Fearless Scientist* by Jess Keating

*Swimming with Sharks: The Daring Discoveries of Eugenie Clark* by Heather Lang

*Who Needs a Reef? A Coral Reef Ecosystem* by Karen Patkau



### Field Guides

National Audubon Society Field Guide to Seashore Creatures: North America by Norman A. Meinkoth

Seashore Life (A Golden Guide from St. Martin's Press) by Lester Ingle and Herbert S. Zim

Atlantic Seashore Field Guide: Florida to Canada by J. Duane Sept

### Correlating Classes in the No Sweat Nature Study Video Library

Fish

Minerals

Oceans

Seashore Animals

Seashore Plants

Tides

Symbiosis

Sharks

Eugenie Clark: Ichthyologist

Whales & Dolphins



# The Music of Insects

8-18-26

## LIVE Class Supplies

- Nature journal or blank, white paper
- Pencil
- Colored pencils or fine markers
- Ruler (optional)

## Books

- Are You a Grasshopper?* by Judy Allen
- Chester Cricket Series* by George Selden
- Chirping Crickets* by Melvin A Berger
- Cicadas: Strange and Wonderful* by Laurence Pringle
- The Cicadas Are Coming: Invasion of the Periodical Cicadas* by Doug Wechsler
- Cicada Symphony* by Sue Fliess
- Cricket in the Thicket: Poems About Bugs* by Carol Murray
- The Cricket in Times Square* by George Selden**
- Cricket Song* by Anne Hunter
- Grasshopper on the Road* by Arnold Lobel
- Noisy Bug Sing Along* by John Himmelman
- A Pocketful of Cricket* by Rebecca Caudill
- Searching for Cicadas* by Lesley Gibbes
- Song of the Water Boatman and Other Pond Poems* by Joyce Sidman
- The Songs of Insects* by Lang Elliott and Wil Hershberger
- The Very Quiet Cricket* by Eric Carle

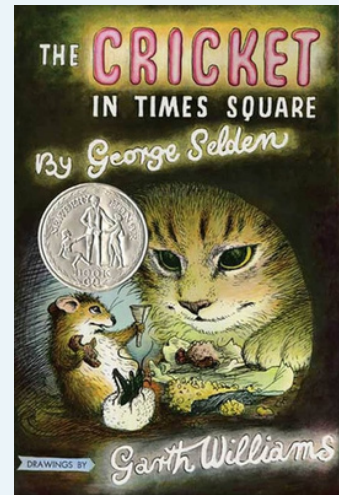
## Field Guides

- Insects of North America (Princeton Field Guides)* by Dr. John C. Abbott
- National Wildlife Federation Field Guide to Insects and Spiders & Related Species of North America* by Arthur V. Evans
- Peterson First Guide To Insects Of North America* by Richard E. White

## Correlating Classes in the No Sweat Nature Study Video Library

- |                        |                     |                                       |
|------------------------|---------------------|---------------------------------------|
| Animal Personification | Monarch Butterflies | The Cuckoo in the Depths of the Woods |
| Animal Superpowers     | Pond Insects        | Nature's Singing Secrets              |
| Bees                   | Egg-Laying Animals  | Shapes in Nature                      |
| Hopping Insects        | Music in Nature     | Numbers in Nature                     |
| Insect Life Cycles     | Starling Symphony   | Movement in Nature                    |
| Ladybugs               |                     |                                       |

## Highlighted Living Book



# Printable Book Lists



## Waterfalls

*John Muir Wrestles a Waterfall* by Julie Danneberg  
*King of the Tightrope: When the Great Blondin Ruled Niagara*  
by Donna Janell Bowman  
*The Mill* by David Macaulay  
*Minn of the Mississippi* by Holling C. Holling  
*Niagara Falls: Ready-to-Read Level 1* by Marion Dane Bauer  
*The Niagara Falls Mystery* by Gertrude Chandler Warner  
***Paddle-to-the-Sea* by Holling C. Holling**  
*The Scotch Twins* (Illustrated) by Lucy Fitch Perkins  
*The Waterfall's Gift* by Joanne Ryder  
*To Climb a Waterfall* by Jean Craighead George  
*Waterfalls!: A My Incredible World Picture Book for Children* by Hope Aicher  
*Waterfalls* by Rebecca Pettiford  
*Where Is Niagara Falls?* by Megan Stine

## Northern Lights

*Arctic White* by Danna Smith  
*Bright Winter Night* by Alli Brydon  
***Children of the Northlights* by Ingri & Edgar Parin d'Aulaire**  
*DK Eyewitness Iceland* by DK  
*Iceland Enchantment of the World 2nd Series* by Barbara A. Somervill  
*Iceland: Exploring Countries* by Tamra B Orr  
*Lights That Dance in the Night* by Yuval Zommer (The)  
*Mika The Bear Who Didn't Want to Sleep* by Erik Kriek  
*Northern Lights: Amazing Sights of the Sky* by Martha E H Rustad  
*Once Upon a Northern Night* by Jean E Pendziwol  
*A Search for the Northern Lights* by Elizabeth Rusch and Izzi Rusch  
*Seeking an Aurora* by Elizabeth Pulford  
*Under the Night Sky* by Amy Lundebrek  
*Welcome to Iceland DK Reader Level 1* by DK

## Beatrix Potter

*Beatrix Potter, Scientist* by Lindsay H. Metcalf  
*Beatrix Potter: A Journal*  
*Beatrix Potter and Her Paint Box* by David McPhail  
*Becoming Beatrix: The Life of Beatrix Potter and the World of Peter Rabbit* by Amy M. O'Quinn  
*Saving the Countryside: The Story of Beatrix Potter and the Lake District* by Linda Elovitz Marshall  
*The Tailor of Gloucester* by Beatrix Potter  
*The Tale of Benjamin Bunny* by Beatrix Potter

# Printable Book Lists



## Beatrix Potter (cont.)

*The Tale of Jemima Puddle-Duck* by Beatrix Potter

*The Tale of Mr. Jeremy Fisher* by Beatrix Potter

*The Tale of Mrs. Tiggly-Winkle* by Beatrix Potter

***The Tale of Peter Rabbit* by Beatrix Potter**

*The Tale of Pigling Bland* by Beatrix Potter

*The Tale of Squirrel Nutkin* by Beatrix Potter

*The Tale of the Flopsy Bunnies* by Beatrix Potter

*Who Was Beatrix Potter?* by Sarah Fabiny

## Caring for a Garden

*City Green* by DyAnne DiSalvo

*The Farm That Feeds Us* by Nancy Castaldo

*From Seed to Plant* by Gail Gibbons

*The Gardener* by Sarah Stewart

*Grow A Family: Guide to Plants and How to Grow Them* by Riz Reyes

*Harlem Grown* by Tony Hillery

*How Does My Garden Grow* by Gerda Muller

*Plant Cook Eat: A Children's Cookbook* by Joe Archer and Caroline Craig

*Planting the Wild Garden* by Kathryn O. Galbraith

*Secrets of the Garden: Food Chains and the Food Web in Our Backyard* by Kathleen Weidner Zoehfeld

*The Soil in Jackie's Garden* by Peggy Thomas

*Up in the Garden and Down in the Dirt* by Kate Messner

***A Year in Our New Garden* by Gerda Muller**

*The Year of the Garden* by Andrea Cheng

*Zoras Zucchini* by Katherine Pryor

## The Moon's Effects on Plants

***Cactus Hotel* by Brenda Z Guiberson**

*A Day in the Salt Marsh* by Kevin Kurtz

*Desert Giant: The World of the Saguaro Cactus* by Barbara Bash

*Faces of the Moon* by Bob Crelin

*The Mangrove Tree: Planting Trees to Feed Families* by Susan L Roth and Cindy Trumbore

*Marshes and Swamps* by Gail Gibbons

*The Moon Book* by Gail Gibbons

*The Moonflower* by Peter Loewer

*Next Time You See the Moon* by Emily Morgan

*The Night Flower: The Blooming of the Saguaro Cactus* by Lara Hawthorne

*One Small Place by the Sea* by Barbara Brenner and Tom Leonard

*One Small Square: Seashore* by Donald M Silver

# Printable Book Lists



## The Moon's Effects on Plants (cont.)

*Plants Can't Sit Still* by Rebecca E Hirsch  
*Sun Up, Sun Down* by Gail Gibbons

## Hedgehogs

*Hedgehog Needs a Hug* by Jen Betton  
*Hedgehogs* by Mary Quattlebaum  
*Hello Hedgehog* by Laura Buller  
***The Hodgehog* by Dick King Smith**  
*Prickly Hedgehogs* by Jane McGuinness  
*The Tale of Mrs Tiggy Winkle* by Beatrix Potter  
*The Very Helpful Hedgehog* by Rosie Wellesley

## Ben Franklin's Lightning

*Ben and Me: An Astonishing Life of Benjamin Franklin by His Good Mouse Amos* by Robert Lawson  
*Ben Franklin of Old Philadelphia* by Margaret Cousins  
***Benjamin Franklin* by Ingri D'Aulaire**  
*DK Eyewitness Electricity* by Steve Parker and Laura Buller  
*Electrical Wizard: How Nikola Tesla Lit Up the World* by Elizabeth Rusch  
*Electric Ben: The Amazing Life and Times of Benjamin Franklin* by Robert Byrd  
*Flash Crash Rumble and Roll* by Franklyn M Branley  
*How Ben Franklin Stole the Lightning* by Rosalyn Schanzer  
*Lightning* by Seymour Simon  
*Mesmerized: How Ben Franklin Solved a Mystery that Baffled All of France* by Mara Rockliff  
*Now and Ben: The Modern Inventions of Benjamin Franklin* by Gene Barretta  
*Storms* by Seymour Simon  
*The Story of Benjamin Franklin* by Margaret Davidson  
*Switch On Switch Off* by Melvin A Berger  
*Who Was Ben Franklin?* by Dennis Brindell Fradin  
*Zap, Clap, Boom: The Story of a Thunderstorm* by Laura Purdie Salas

## Dragonflies

*Are You a Dragonfly?* by Judy Allen  
*Becoming a Dragonfly* by Grace Hansen  
*Dashing Dragonflies* by Megan Cooley Peterson  
*Dragonflies: Insects Up Close* by Patrick Perish  
*Dragonfly Migration* by Grace Hansen  
***A Dragon in the Sky: The Story of a Green Darner Dragonfly* by Laurence Pringle**  
*Eliza and the Dragonfly* by Susie Caldwell Rinehart  
*Over and Under the Pond* by Kate Messner  
*Zoom In on Dragonflies* by Melissa Stewart

# Printable Book Lists



## Watermelons

*Flip, Float, Fly: Seeds on the Move* by JoAnn Early Macken  
*From Seed to Plant* by Gail Gibbons  
*Grow: A Family Guide to Plants and How to Grow Them* by Riz Reyes  
*Harlem Grown* by Tony Hillery  
*How a Seed Grows* by Helene J Jordan  
*How Does My Garden Grow?* by Gerda Muller  
*One Watermelon Seed* by Celia Barker Lottridge  
*See a Plant Grow Watermelon* by Charlie W Sterling  
*Seeds Move* by Robin Page  
*Up in the Garden and Down in the Dirt* by Kate Messner  
*The Vanderbeekers and the Hidden Garden* by Karina Yan Glaser  
**Watermelon Day** by Kathi Appelt  
*Watermelon Madness* by Taghreed Najjar  
*Watermelons* by National Geographic  
*The Watermelon Seed* by Greg Pizzoli  
*Watermelon Wishes* by Lisa Moser  
*We Are the Gardeners* by Joanna Gaines  
*The Year of the Garden* by Andrea Cheng  
*Zora's Zucchini* by Katherine Pryor

## Starfish

*Ana and the Sea Star* by R Lynne Roelfs  
*DK Eyewitness Seashore* by DK  
*In One Tidepool* by Anthony D Fredericks  
*Look! A Starfish* by Lerner Publishing Group  
*Next Time You See a Seashell* by Emily Morgan  
*Over and Under the Waves* by Kate Messner  
*Seashells, Crab,s and Sea Stars Take-Along Guides* by Christiane Kump Tibbitts  
*Seashells More Than a Home* by Melissa Stewart  
*Sea Stars* by Rebecca Pettiford  
*Sea Stars in the Tide Pool* by PowerKids Press  
*Starfish* by Edith Thacher Hurd  
**Star of the Sea: A Day in the Life of a Starfish** by Janet Halfmann  
*The Seashore Book* by Charlotte Zolotow  
*Tide Pools National Geographic Kids Readers Level 1* by Laura Marsh

## Coral Reefs

**The Brilliant Deep: Rebuilding the World's Coral Reefs** by Kate Messner  
*Coral Reef: One Small Square* by Donald M Silver  
*Coral Reefs* by Gail Gibbons  
*A Coral Reef Story: Animal Life in Tropical Seas* by Jane Burnard  
*Dart and Dive Across the Reef* by Pamela S Turner  
*The Fantastic Undersea Life of Jacques Cousteau* by Dan Yaccarino

# Printable Book Lists



## Coral Reefs (cont.)

*Here Is the Coral Reef* by Madeleine Dunphy

*Life in a Coral Reef* by Wendy Pfeffer

*Life in the Ocean: The Story of Oceanographer Sylvia Earle* by Claire A Nivola

*Look Inside a Coral Reef* by Usborne

*Manfish: A Story of Jacques Cousteau* by Jennifer Berne

*National Geographic Kids Readers Coral Reefs Level 2* by Kristin Baird Rattini

*On Kiki's Reef* by Carol L. Malnor

*Shark Lady: The True Story of How Eugenie Clark Became the Ocean's Most Fearless Scientist*  
by Jess Keating

*Swimming with Sharks: The Daring Discoveries of Eugenie Clark* by Heather Lang

*Who Needs a Reef: A Coral Reef Ecosystem* by Karen Patkau

## The Music of Insects

*Are You a Grasshopper?* by Judy Allen

*Chester Cricket Series* by George Selden

*Chirping Crickets* by Melvin A Berger

*Cicadas: Strange and Wonderful* by Laurence Pringle

*The Cicadas Are Coming: Invasion of the Periodical*

*Cicadas* by Doug Wechsler

*Cicada Symphony* by Sue Fliess

*Cricket in the Thicket: Poems About Bugs* by Carol Murray

***The Cricket in Times Square* by George Selden**

*Cricket Song* by Anne Hunter

*Grasshopper on the Road* by Arnold Lobel

*Noisy Bug Sing Along* by John Himmelman

*A Pocketful of Cricket* by Rebecca Caudill

*Searching for Cicadas* by Lesley Gibbes

*Song of the Water Boatman and Other Pond Poems* by Joyce Sidman

*The Songs of Insects* by Lang Elliott and Wil Hershberger

*The Very Quiet Cricket* by Eric Carle



# Class Supplies



## Waterfalls

Nature journal or blank, white paper  
Pencil  
Colored pencils or something else colorful

## Northern Lights

Nature journal or blank, white paper  
Pencil  
Chalk pastels, watercolors, or colored pencils

## Beatrix Potter

Nature journal or blank, white paper  
Pencil  
Fine-tipped pen (optional for outlining)  
Colored pencils or watercolor paints

## Caring for a Garden

Nature journal or blank, white paper  
Pencil  
Colored pencils or something else colorful

## The Moon's Effect on Plants

Nature journal or blank, white paper  
Pencil  
Colored pencils or something else colorful

## Hedgehogs

Nature journal or blank, white paper  
Pencil  
Colored pencils or something else colorful

## Ben Franklin's Lightning

Nature journal or blank, white paper  
Pencil  
Colored pencils or something else colorful

## Dragonflies

Nature journal or blank, white paper  
Pencil  
Colored pencils or watercolor paints

## Watermelons

Nature journal or blank, white paper  
Pencil  
Colored pencils, watercolors, or markers

## Starfish

Nature journal or blank, white paper  
Pencil  
Colored pencils, watercolors, or something else colorful

## Coral Reefs

Nature journal or blank, white paper  
Pencil  
Colored pencils or watercolors

## The Music of Insects

Nature journal or blank, white paper  
Pencil  
Colored pencils or fine markers  
Ruler (optional)